



Pre-Operative Instructions for Patients Receiving Sedation

PRACTICE LIMITED TO ORAL-MAXILLOFACIAL SURGERY

1. DO NOT eat or drink anything 8 hours before surgery! This includes all food, drinks, water, etc. Abstain from alcoholic beverages and highly seasoned foods.
2. Wear short-sleeve clothing and comfortable shoes, no flip-flops or heels. **Our office is cold. Please bring a blanket with you if you get cold easily.**
3. Remove contact lenses and glasses.
4. Women should not wear jewelry, facial make-up, perfume, or fingernail polish.
5. YOU **MUST** BE ACCOMPANIED BY A RESPONSIBLE ADULT AND THE ADULT **MUST STAY** FOR THE *ENTIRE* PROCEDURE. THE PROCEDURE **WILL NOT** BEGIN UNTIL PATIENT'S RIDE IS AT OUR OFFICE

APPOINTMENT _____

@ _____ with DR. _____

Note: Please call our office with any questions regarding medication